



LOVE PEOPLE

BUILD OTHERS

The pages that follow walk you through an exercise. You will thoughtfully and prayerfully consider the lives of those around you. You will then thoughtfully and prayerfully consider how you can best build them up by living out the tension of both respecting and exhorting them. Make sure you've finished the reading associated with this Spiritual Outcome before working this exercise.

First Stage Identify People

Use the following categories and questions to consider a friend, spouse, child, co-worker, neighbor, boss, etc. What do you wish and want for these people? If you're concerned about others reading this, use abbreviations or codes; but don't let this inhibit your boldness. Get it all down.

- Who's stuck in a destructive pattern of living? Who's engaging addictive behaviors they either see or don't see?

- Who's in your life is difficult to love or hard to connect with?

- Who's breaking your heart? Who makes you think, "If only he/she would _____"?

- Who's far from God? Who's rebelling against God? Who's seeking God, but has yet to trust God?



Second Stage Seek Wisdom

In this Second Stage, use the following pages to thoughtfully seek wisdom for the next steps.

STEP 1: Choose two to four people, and write one name each at the top of the worksheets that follow. Don't just do this randomly. Pick the most pressing or the names you sense God wanting you to address. These may be those whom you're most resistant to addressing. Don't let fear drive you.

STEP 2: Use the questions provided to thoughtfully and prayerfully consider how to both exhort and respect each person. Repeat this for each of the two to four people. If you'd like, you can continue this exercise with all the names on your list; but at a minimum, do so for the two to four you initially chose.



Person #1: _____

RESPECT

God's view of Person #1:

- What does God value about this person?

- What does God want for this person? (Guard against imposing your own wants.)

Your view vs. God's view:

- Where do your view and God's view of this person differ?

What needs to change:

- What, if anything, needs to change about your view of this person? What actions could you take to communicate respect and value of this person? How would making these changes affect your relationship?

EXHORT

God's view of Person #1's transformation:

- What do you suspect God wants to be different about this person's life?



Seeking God's Wisdom and Direction:

1. Prayerfully consider: Is this person receptive?

*Do not give dogs what is sacred; do not throw your pearls to pigs. If you do, they may trample them under their feet, and turn and tear you to pieces. **Matthew 7:6***

If yes → Continue on to #2.

If no → Consider how you might pray for this person, serve this person, or build relationship with this person. Skip to #4 below to write your thoughts.

If uncertain → Ask God for wisdom and insight. Continue on to #2.

2. Prayerfully consider: Do you have enough relational equity with this person to be heard? Is there trust between you? Have you humbled yourself in the relationship by sharing your own struggles and spiritual journey with this person? Have you served this person?

*Why do you look at the speck of sawdust in your brother's eye and pay no attention to the plank in your own eye? How can you say to your brother, "Let me take the speck out of your eye," when all the time there is a plank in your own eye? You hypocrite, first take the plank out of your own eye, and then you will see clearly to remove the speck from your brother's eye. **Matthew 7:3-5***

If yes → Continue on to #3.

If no → Focus on building relational equity and trust with this person first. Humble yourself by sharing your own struggles and spiritual journey. Find ways to serve him/her. Skip to #4, and write your next steps with this in mind.

3. Prayerfully consider: What does God want me to share with this person? In what tone or attitude does he want me to share it? Do you feel offended by the person? If so, work through this with God first, so you can approach the person in love. Are you critical of this person? If so, confess this to God and ask him to free your heart from judgment, so you can approach this person with mercy and grace.

*Do not judge, or you too will be judged. For in the same way you judge others, you will be judged, and with the measure you use, it will be measured to you. **Matthew 7:1-2***

4. Note next steps and wisdom God gives you:

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Person #2: _____

RESPECT

God's view of Person #2:

- What does God value about this person?

- What does God want for this person? (Guard against imposing your own wants.)

Your view vs. God's view:

- Where do your view and God's view of this person differ?

What needs to change:

- What, if anything, needs to change about your view of this person? What actions could you take to communicate respect and value of this person? How would making these changes affect your relationship?

EXHORT

God's view of Person #2's transformation:

- What do you suspect God wants to be different about this person's life?



Seeking God's Wisdom and Direction:

1. Prayerfully consider: Is this person receptive?

*Do not give dogs what is sacred; do not throw your pearls to pigs. If you do, they may trample them under their feet, and turn and tear you to pieces. **Matthew 7:6***

If yes → Continue on to #2.

If no → Consider how you might pray for this person, serve this person, or build relationship with this person. Skip to #4 below to write your thoughts.

If uncertain → Ask God for wisdom and insight. Continue on to #2.

2. Prayerfully consider: Do you have enough relational equity with this person to be heard? Is there trust between you? Have you humbled yourself in the relationship by sharing your own struggles and spiritual journey with this person? Have you served this person?

*Why do you look at the speck of sawdust in your brother's eye and pay no attention to the plank in your own eye? How can you say to your brother, "Let me take the speck out of your eye," when all the time there is a plank in your own eye? You hypocrite, first take the plank out of your own eye, and then you will see clearly to remove the speck from your brother's eye. **Matthew 7:3-5***

If yes → Continue on to #3.

If no → Focus on building relational equity and trust with this person first. Humble yourself by sharing your own struggles and spiritual journey. Find ways to serve him/her. Skip to #4, and write your next steps with this in mind.

3. Prayerfully consider: What does God want me to share with this person? In what tone or attitude does he want me to share it? Do you feel offended by the person? If so, work through this with God first, so you can approach the person in love. Are you critical of this person? If so, confess this to God and ask him to free your heart from judgment, so you can approach this person with mercy and grace.

*Do not judge, or you too will be judged. For in the same way you judge others, you will be judged, and with the measure you use, it will be measured to you. **Matthew 7:1-2***

4. Note next steps and wisdom God gives you:

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Person #3: _____

RESPECT

God's view of Person #3:

- What does God value about this person?

- What does God want for this person? (Guard against imposing your own wants.)

Your view vs. God's view:

- Where do your view and God's view of this person differ?

What needs to change:

- What, if anything, needs to change about your view of this person? What actions could you take to communicate respect and value of this person? How would making these changes affect your relationship?

EXHORT

God's view of Person #3's transformation:

- What do you suspect God wants to be different about this person's life?



Seeking God's Wisdom and Direction:

1. Prayerfully consider: Is this person receptive?

*Do not give dogs what is sacred; do not throw your pearls to pigs. If you do, they may trample them under their feet, and turn and tear you to pieces. **Matthew 7:6***

If yes → Continue on to #2.

If no → Consider how you might pray for this person, serve this person, or build relationship with this person. Skip to #4 below to write your thoughts.

If uncertain → Ask God for wisdom and insight. Continue on to #2.

2. Prayerfully consider: Do you have enough relational equity with this person to be heard? Is there trust between you? Have you humbled yourself in the relationship by sharing your own struggles and spiritual journey with this person? Have you served this person?

*Why do you look at the speck of sawdust in your brother's eye and pay no attention to the plank in your own eye? How can you say to your brother, "Let me take the speck out of your eye," when all the time there is a plank in your own eye? You hypocrite, first take the plank out of your own eye, and then you will see clearly to remove the speck from your brother's eye. **Matthew 7:3-5***

If yes → Continue on to #3.

If no → Focus on building relational equity and trust with this person first. Humble yourself by sharing your own struggles and spiritual journey. Find ways to serve him/her. Skip to #4, and write your next steps with this in mind.

3. Prayerfully consider: What does God want me to share with this person? In what tone or attitude does he want me to share it? Do you feel offended by the person? If so, work through this with God first, so you can approach the person in love. Are you critical of this person? If so, confess this to God and ask him to free your heart from judgment, so you can approach this person with mercy and grace.

*Do not judge, or you too will be judged. For in the same way you judge others, you will be judged, and with the measure you use, it will be measured to you. **Matthew 7:1-2***

4. Note next steps and wisdom God gives you:

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Person #4: _____

RESPECT

God's view of Person #4:

- What does God value about this person?

- What does God want for this person? (Guard against imposing your own wants.)

Your view vs. God's view:

- Where do your view and God's view of this person differ?

What needs to change:

- What, if anything, needs to change about your view of this person? What actions could you take to communicate respect and value of this person? How would making these changes affect your relationship?

EXHORT

God's view of Person #4's transformation:

- What do you suspect God wants to be different about this person's life?



Seeking God's Wisdom and Direction:

1. Prayerfully consider: Is this person receptive?

*Do not give dogs what is sacred; do not throw your pearls to pigs. If you do, they may trample them under their feet, and turn and tear you to pieces. **Matthew 7:6***

If yes → Continue on to #2.

If no → Consider how you might pray for this person, serve this person, or build relationship with this person. Skip to #4 below to write your thoughts.

If uncertain → Ask God for wisdom and insight. Continue on to #2.

2. Prayerfully consider: Do you have enough relational equity with this person to be heard? Is there trust between you? Have you humbled yourself in the relationship by sharing your own struggles and spiritual journey with this person? Have you served this person?

*Why do you look at the speck of sawdust in your brother's eye and pay no attention to the plank in your own eye? How can you say to your brother, "Let me take the speck out of your eye," when all the time there is a plank in your own eye? You hypocrite, first take the plank out of your own eye, and then you will see clearly to remove the speck from your brother's eye. **Matthew 7:3-5***

If yes → Continue on to #3.

If no → Focus on building relational equity and trust with this person first. Humble yourself by sharing your own struggles and spiritual journey. Find ways to serve him/her. Skip to #4, and write your next steps with this in mind.

3. Prayerfully consider: What does God want me to share with this person? In what tone or attitude does he want me to share it? Do you feel offended by the person? If so, work through this with God first, so you can approach the person in love. Are you critical of this person? If so, confess this to God and ask him to free your heart from judgment, so you can approach this person with mercy and grace.

*Do not judge, or you too will be judged. For in the same way you judge others, you will be judged, and with the measure you use, it will be measured to you. **Matthew 7:1-2***

4. Note next steps and wisdom God gives you:

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